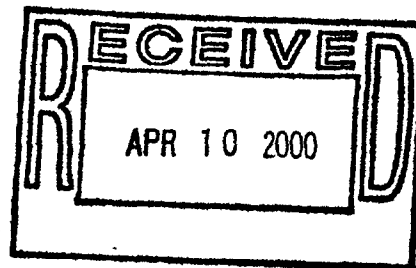


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VITAMIN SHOPPE INDUSTRIES INC.

April 4, 2000

Dr. Robert Moore
Branch Chief (HFS-811)
Dietary Supplements Branch
Food and Drug Administration
200 C Street S.W.
Washington D.C. 20204



Re: FDCA 403(r)(6) Notification

Dear Dr. Moore:

Pursuant to section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act (FDCA), 21 U.S.C. 343(r)(6), and implementing Food and Drug Administration regulation, 21 C.F.R. 101.93 (62 Fed. Reg. 49886 (Sept 23, 1997)), Vitamin Shoppe Industries Inc. submits this notification that statements are included in labeling its dietary supplements, as attached.

Vitamin Shoppe Industries Inc. at 4700 Westside Avenue, North Bergen, New Jersey is the distributor of the dietary supplements.

The undersigned certifies that the information contained in this notice is complete and accurate, and that the notifying firm has substantiation that each statement is truthful and not misleading.

Respectfully yours,

Patti Ann Kelly

Patti Ann Kelly, Ph.D.
Director of Scientific and Regulatory Affairs
Vitamin Shoppe Industries Inc.

97S-0162

LET 5262

Vitamin Shoppe Industries Inc.

<u>Product Name</u>	<u>VS #</u>	<u>Ingredient</u>	<u>Structure/Function Statements</u>
SAME	1684	S-adenosyl-L-methionine	1) S-adenosyl-L-methionine supports joint health. 2) S-adenosyl-L-methionine promotes a sense of well-being. 3) S-adenosyl-L-methionine promotes calmness.